



The Leaders in Softball Events, Evaluations, and Measurements

ODM Averages by Class

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11 th Grade 10 Yard Dash 1.648	20 Yard Dash 3.013	40 Yard Dash 5.783	Shuttle 5.129	Bat Spd 66.2	Hand Spd 26.4	Time to Impact	Exit Spd 63.08	Throw Velocity 58.37	R Grip L Grip 74.05 71.23	Allister Index 76.17548
10 th Grade 10 Yard Dash 1.663	20 Yard Dash 3.052	40 Yard Dash 5.705	Shuttle 5.180	Bat Spd 67.30	Hand Spd 26.17	Time to Impact 0.155	Exit Spd 63.404	Throw Velocity 58.45	R Grip L Grip 73.41 71.74	Allister Index 75.06331
9 th Grade 10 Yard Dash 1.663	20 Yard Dash 3.051	40 Yard Dash 5.671	Shuttle 5.179	Bat Spd 67.33	Hand Spd 26.60	Time to Impact 0.146	Exit Spd 62.746	Throw Velocity 57.382	R Grip L Grip 70.3 67.94	Allister Index 75.31507
Jr. High 10 Yard Dash 1.68	20 Yard Dash 3.087	40 Yard Dash 5.687	Shuttle 5.257	Bat Spd 65.287	Hand Spd 26.41	Time to Impact 0.155	Exit Spd 61.021	Throw Velocity 56.253	R Grip L Grip 66.98 64.12	Allister Index 71.39515

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